<link href="https://assets.feedblitzstatic.com/js/tinybox2/style.css" rel="stylesheet" type="text/css" lazyload="1"><script defer src="https://assets.feedblitzstatic.com/js/tinybox2/tinybox.js" type="text/javascript"></script><style>.tinner {padding:0; -moz-border-radius:0; border-radius:0;background:transparent;border:0}</style><script async defer src="https://assets.feedblitzstatic.com/js/fbz_smartform.js" type="text/javascript"></script><link rel="stylesheet" type="text/css" href="https://assets.feedblitzstatic.com/fbz_smartform_mini.css" lazyload="1"> <style>

1. F21064_pop_container img {max-width:100%}

.F21064_pop_fbz_table {border:0;margin:0;border-collapse:separate;table-layout:auto;background-color:inherit !important;} .F21064_pop_fbz_page {margin:0;padding:0;width:100%;} .F21064_pop_fbz_smartform td {display:table-cell;} .F21064_pop_fbz_row td,tr:nth-of-type(even),tr:nth-of-type(odd) {padding-top:0.5em;padding-bottom:0.2em;line-height:1.7em;background-color:inherit!important;} .F21064_pop_fbz_abovelabel, .F21064_pop_fbz_label, .F21064_pop_fbz_div, .F21064_pop_fbz_fieldtext, .F21064_pop_fbz_fieldlabeltext, .F21064_pop_fbz_err {border:0;padding:0.5em;font-size:20px;} .F21064_pop_fbz_label, .F21064_pop_fbz_abovelabel {color:#000000!important;}

1. F21064_pop_container a {color:#000000!important}

.F21064_pop_fbz_fieldtext, .F21064_pop_fbz_fieldlabeltext {padding-top:0.7em;padding-bottom:0.7em;color:#000000;}

1. F21064_pop_container input {color:#000000}

.F21064_pop_fbz_fieldlabeltext {} .F21064_pop_fbz_title, .F21064_pop_fbz_title * {line-height:1.3em;padding:0.5em;text-align:center;border:0;color:#000000;} .F21064_pop_fbz_err, .F21064_pop_fbz_invalid {padding:0.5em;margin:0.5em;color:red;border:3px solid red;background-color:rgba(255,255,255,0.5);font-weight:bold;display:none;} .F21064_pop_fbz_invalid {color:#F80;border:3px solid #F80;} .F21064_pop_fbz_palette, .F21064_pop_fbz_fielddef, .F21064_pop_fbz_input_container, .F21064_pop_fbz_input {padding:0.5em;line-height:1.7em;background-color:#ffffff!important;color:#000000 !important;border:1px solid #aaaaaa;border-radius:4px;-moz-border-radius:4px;font-size:20px;margin-right:2px;} .F21064_pop_fbz_input_container {border:0;padding-left:0;padding-top:0;padding-bottom:0;margin-right:4px;background-color:inherit!important;} .F21064_pop_fbz_input {height:inherit;box-sizing:border-box;} .F21064_pop_fbz_inputtype=%22color%22 {height:1.5em;} .F21064_pop_fbz_buttontype=%22button%22, .F21064_pop_fbz_button {padding:0.5em;line-height:1.7em;background:#e0e0e0;background-color:#e0e0e0;background-image: -webkit-gradient(linear, left top, top bottom, from(#e0e0e0), to(#ffffff));background-image: -webkit-linear-gradient(top, #e0e0e0, #ffffff);background-image: -moz-linear-gradient(top, #e0e0e0, #ffffff);background-image: -ms-linear-gradient(top, #e0e0e0, #ffffff);background-image: -o-linear-gradient(top, #e0e0e0, #ffffff);background-image: linear-gradient(top, #e0e0e0, #ffffff);border:1px solid #aaaaaa;border-radius:4px;-moz-border-radius:4px;font-size:20px;text-align:center;margin:0.2em;cursor:pointer;} .F21064_pop_fbz_buttontype=%22button%22:hover, .F21064_pop_fbz_button:hover {background:#ffffff!important;transition: background-color 0.5s ease;} .F21064_pop_fbz_buttontype=%22button%22:active, .F21064_pop_fbz_button:active {background:#cfcfcf!important;transition: background-color 0.5s ease;} .F21064_pop_fbz_buttondisabled=disabled, .F21064_pop_fbz_buttontype=%22button%22:disabled,

.F21064_pop_fbz_buttontype=%22button%22:disabled:focus,
.F21064_pop_fbz_buttondisabled:disabled,.F21064_pop_fbz_buttondisabled,.F21064_pop_fbz_button:disabled,.F21064_pop_fbz_button:disabled:focus {opacity:0.5;transition: background-color 0.5s ease;} .F21064_pop_fbz_footer {padding:0.5em;line-height:1.7em;color:#000000 !important;font-size:20px;text-align:center;border:0;} .F21064_pop_fbz_row:hover {background: rgba(251,248,231,0.5)!important;-o-transition: all 0.1s ease-in-out;-webkit-transition: all 0.1s ease-in-out;-moz-transition: all 0.1s ease-in-out;-ms-transition: all 0.1s ease-in-out;transition: all 0.1s ease-in-out;} .F21064_pop_fbz_row_nohover:hover {background:transparent;} .F21064_pop_fbz_form {border:4px solid #ffa000;background-color:#fafafa;border-radius:20px;-moz-border-radius:20px;overflow:hidden;padding:0;line-height:1.3em;font-size:20px;} .F21064_pop_fbz_form div {font-size:20px;line-height:1.3em;} .F21064_pop_fbz_form tbody {border:0;padding:0;margin:0;font-size:20px;} .F21064_pop_fbz_form td {border:0;margin:0;font-size:20px;} @media only screen and (max-width: 420px) {.F21064_pop_fbz_label{display:none !important;padding:0 !important;} .F21064_pop_fbz_abovelabel{display:block;} .F21064_pop_fbz_tabcell {display:block!important;}} </style> <form method="POST" name="F21064" id="F21064_pop" style="display:block;margin:auto;max-width:700px;" action="https://app.feedblitz.com/f/f.Fbz?Join" > <input style="display:block" aria-hidden="true" type="email" name="email_" value=""><input style="display:block" aria-hidden="true" type="email" name="email_address" value=""><input style="display:block" aria-hidden="true" type="email" name="_email" value=""><script>var i=0;var x=document.getElementsByName('F21064');for(i=0;i<x.length;i++){xi.email_.style.display='none';xi.email_address.style.display='none';xi._email.style.display='none';xi.action='https://app.feedblitz.com/f/f.Fbz?Join';}var y=document.getElementsByName('F21064**hh');for(i=0;i<y.length;i++){yi.style.display='none';}</script><input type="hidden" name="subcf" value="1"><input type="hidden" name="formid" value="F21064"> <table cellpadding="0" cellspacing="0" border="0" class="F21064_pop_fbz_table" style="table-layout:fixed;max-width:100;"><tr> <td class="F21064_pop_fbz_form" > <table cellpadding="0" cellspacing="0" border="0" width="100%" class="F21064_pop_fbz_table"><tr><td class="F21064_pop_fbz_title" style="padding:0.7em;border-radius:16px 16px 0 0;-moz-border-radius:16px 16px 0 0;"> Groupe - Yoga - Community </td></tr></table> <table border="0" cellpadding="6" cellspacing="0" align="center" width="100%" class="F21064_pop_fbz_table" style="border-radius:16px"> <tr class="F21064_pop_fbz_row"><td class="F21064_pop_fbz_label" style="padding-top:0.7em;padding:0"></td><td style="padding-left:0.5em;padding-right:0.5em;width:100%"> Votre courriel - Your email:* <input class="F21064_pop_fbz_input" type="text" name="email" id="F21064_pop_email" value="" alt="Comment vous rejoindre?" title="Comment vous rejoindre - How can we reach you?" placeholder="Comment vous rejoindre?" onclick="clickclear(this,'F21064_pop')" onfocus="clickclear(this,'F21064_pop')" onblur="clickrecall(this)" width="100%" style="width:100%;padding-right:0;" fbz_val="validateEmail"> </td></tr> <tr class="F21064_pop_fbz_row"><td class="F21064_pop_fbz_label" style="padding:0"></td><td style="padding-left:0.5em;padding-right:0.5em;width:100%"> Nom - Name* <input

class="F21064_pop_fbz_input" type="text" name="MonNomEst" id="F21064_pop_MonNomEst" value="" alt="SVP n utilisez pas d accents en francais comme par exemple le c cedille ou le e accent aigue lorsque vous choisissez votre nom d utilisateur p c q ca cree un bogue" title="SVP n utilisez pas d accents en francais comme par exemple le c cedille ou le e accent aigue lorsque vous choisissez votre nom d utilisateur p c q ca cree un bogue" placeholder="SVP n utilisez pas d accents en francais comme par exemple le c cedille ou le e accent aigue lorsque vous choisissez votre nom d utilisateur p c q ca cree un bogue" onclick="clickclear(this,'F21064_pop')" onfocus="clickclear(this,'F21064_pop')" onblur="clickrecall(this)" width="100%" style="width:100%;padding-right:0;"> </td></tr> <tr class="F21064_pop_fbz_row"><td class="F21064_pop_fbz_label" style="padding:0"></td><td style="padding-left:0.5em;padding-right:0.5em;width:100%"> Voici les choix - Here are the choices ->* <label><input class="F21064_pop_fbz_input" type="checkbox" name="feedid" id="F21064_pop_feedid" style="width:auto" value="785666" alt="Choisissez - Elles sont toutes gratuites - Choose to join - They're all Free" title="Choisissez - Elles sont toutes gratuites - Choose to join - They're all Free" >Daniel en liberté (!)</label>
<label><input class="F21064_pop_fbz_input" type="checkbox" name="feedid" id="F21064_pop_feedid_1" style="width:auto" value="1115116" alt="Choisissez - Elles sont toutes gratuites - Choose to join - They're all Free" title="Choisissez - Elles sont toutes gratuites - Choose to join - They're all Free" >Newsletter in English for Satoshi.Yoga</label>
<label><input class="F21064_pop_fbz_input" type="checkbox" name="feedid" id="F21064_pop_feedid_2" style="width:auto" value="1116115" alt="Choisissez - Elles sont toutes gratuites - Choose to join - They're all Free" title="Choisissez - Elles sont toutes gratuites - Choose to join - They're all Free" >Shastra - Sastra - Déontologie Morale - Ethic - Virtue (FR & EN)</label>
<label><input class="F21064_pop_fbz_input" type="checkbox" name="feedid" id="F21064_pop_feedid_3" checked style="width:auto" value="747405" alt="Choisissez - Elles sont toutes gratuites - Choose to join - They're all Free" title="Choisissez - Elles sont toutes gratuites - Choose to join - They're all Free" >YogaPartout - Info Lettre générale</label> </td></tr> <tr class="F21064_pop_fbz_row_nohover F21064_pop_fbz_smartform"><td class="F21064_pop_fbz_fieldtext" colspan="2" > <input class="F21064_pop_fbz_button" type="button" onclick="try{fbzClearChangedBorders();}catch(e){};req=fbz_v('F21064_pop',F21064_pop_requiredFields);val=fbz_v('F21064_pop',F21064_pop_validateFields,1);if(req && val){smartFormSubmit(this);};" name="fbzsubscribe" id="F21064_pop_subscribe" value="Inscription - Registration (Gratuit - Free)" alt="click to join" title="click to join" width="100%" style="font-size:140;margin-left:0;margin-right:0;padding-left:0;padding-right:0;"><img id="F21064_pop_fbz_wait" alt="Please wait..." style="display:none;width:48px;opacity:0.5;" src="https://assets.feedblitzstatic.com/images/spinner.gif" loading="lazy"> </td></tr> <tr class="F21064_pop_fbz_row_nohover"><td class="F21064_pop_fbz_fieldtext" style="text-align:center" colspan="2"> <img name="staticimg" id="F21064_pop_staticimg" alt="" title="" style="float:center" src="https://yogapartout.com/extlinks/ftp/useCase/imgs/sitemap/011avril24LePremierMandala.gif"></td></tr> <input type="hidden" name="publisherid" id="F21064_pop_publisherid" value="2741280"> <input type="hidden" name="cids" id="F21064_pop_cids" value="1"> <tr class="F21064_pop_fbz_row_nohover"><td colspan="2" style="padding:0;border:0"> Competez tous les champs SVP

- Please enter all required fields <img onclick="fbz$('F21064_pop_fbz_err').style.display='none';" border="0" alt="Click to hide" align="baseline" width="8" height="8" style="float:right;align:baseline;width:8px;height:8px;opacity:0.5;cursor:pointer;position:absolute;top:4px;right:4px;" src="https://assets.feedblitzstatic.com/images/close.gif"> Corrigez - Correct invalid entries <img onclick="fbz$('F21064_pop_fbz_invalid').style.display='none';" border="0" alt="Click to hide" align="baseline" width="8" height="8" style="float:right;align:baseline;width:8px;height:8px;opacity:0.5;cursor:pointer;position:absolute;top:4px;right:4px;" src="https://assets.feedblitzstatic.com/images/close.gif"> </td></tr></table> <table cellpadding="0" cellspacing="0" border="0" width="100%" class="F21064_pop_fbz_table"><tr><td class="F21064_pop_fbz_footer" style="border-radius:0 0 16px 16px;-moz-border-radius:0 0 16px 16px;padding:0.5em;"> Incertain - Uncertain? Parlez-vous de vous - Tell us about yourself </td></tr></table> </td> </tr></table> </form> <script async defer type="text/javascript" src="https://app.feedblitz.com/f/?p13n=747405&nomobile=1"></script> <script type="text/javascript">var F21064_pop_requiredFields=new Array();var F21064_pop_validateFields=new Array(); F21064_pop_requiredFields.push('F21064_pop_email'); F21064_pop_requiredFields.push('F21064_pop_MonNomEst'); F21064_pop_requiredFields.push('F21064_pop_feedid'); F21064_pop_validateFields.push('F21064_pop_staticimg');try{initCol('F21064_pop_staticimg');}catch(e){} F21064_pop_requiredFields.push('F21064_pop_publisherid'); F21064_pop_requiredFields.push('F21064_pop_cids'); var F21064_pop_fieldcol='#000000'; var fbz_F21064_pop_logged=false; function F21064_pop_wait_fn(){ try{ if(!fbz_F21064_pop_logged){fbz_SmartForm('F21064_pop',true); try{s('F21064_pop');}catch(e){}; fbz_FitForm('F21064_pop'); var F21064_pop_wait_img=fbz_formMetrics(21064,1); fbz$('F21064_pop_wait_img').innerHTML=F21064_pop_wait_img; clearInterval(F21064_pop_wait); fbz_F21064_pop_logged=true;} } catch(e){} } var F21064_pop_wait=setInterval(F21064_pop_wait_fn,100); </script> <script>var F21064_popupPrepped=false;function F21064_prepPopup(){try{if(feedblitz_full_form!=false && !F21064_popupPrepped){F21064_popupPrepped=true;fbz_popup('F21064_pop',1,1,90,1);}if(document.getElementById('F21064_pop_ddcolorpickerbox')){document.getElementById('F21064_pop_ddcolorpickerbox').style.display='none';};clearInterval(F21064_prepPopup_wait);} catch(e){}} var F21064_prepPopup_wait=setInterval(F21064_prepPopup,100);</script> {HTML}{HTML}

Les 9 Rasa

```
{layout header="n" footer="y" leftcolumn="n" rightcolumn="n" fullwidth="y" contentwidth="80%" bgimage="tiki-download_wiki_attachment.php?attId=97" bgrepeat="repeat" topmargin="1%" contentbg="#F6F3D1B3" contenttextcolor="#000" contentradius="0" contentboxshadow="rgba(0, 0, 0, 0.2)" actionbuttons="n" topbar="n" pagetopbar="n" pagebottombar="n"}
```

Le yoga c'est...

Le yoga sait

Inscrivez-vous à l'info lettre de Catherine ici

Cliquez sur les triangles ci-dessous pour lire)

Devenez membre

Si vous préférez utiliser PayPal, Interac ou payer par Chèque, c'est possible Pour les personnes qui résident au Canada, nous acceptons interac et les chèques. Nous transigeons sur PayPal, sur SquareUp (par téléphone)







^

Vous représentez une entreprise?

Si vous souhaitez connaitre les produits et services que nous offrons, écrivez-nous

Ce site est propulsé par chacun de nos membres

On dit que le yoga c'est l'union? L'union des personnes aussi c'est important.

Nous demandons une contribution

Ce site existe grâce à votre générosité

Devenez membre

Nous demandons une contribution consciente

Consultez d'abord

- Adhérez en Euro
- Adhérez au Canada en $CA

Vous représentez une entreprise?

Vous souhaitez faire valoir vos produits et services via notre éco-système, écrivez-nous Merci.

Contacts - Info - Q&A

Rejoignez le co-gestionnaire

Pour l'instant, ce site est administré/controlé par une personne. Voyez les termes et conditions sur ce sujet sur cette page

Par courrier électronique

Par What's app: 01-514-883-1922

Liens intéressants

- Vous êtes ici
- Catherine Douat
    - Merci et voici le premier article de Catherine
- Les vicissitudes de la vie: comment se libérer de la souffrance chronique
    - Voici mon deuxième article au sujet de la Bienveillance, les émotions dans une paix joyeuse - Joie - Ananda
- Les émotions, utilisez la méditation? Non, utilisez tout votre corps pour chanter et danser la vie en vous
    - Les vicissitudes de la vie: comment se libérer de la souffrance chronique
- Utilisez la méditation pour découvrir qui êtes-vous véritablement|Qui suis-je? Pourquoi méditer? J'écoute mon corps d'abord. Ensuite je ressens pour cesser de renier que je vais bien
    - Utilisez la méditation pour découvrir qui êtes-vous véritablement

Pages reliés à celle-ci

[+]